



# Bempedoic Acid for Treatment of Dyslipidemia Dr. Emily McCoy

## **PROGRAM OVERVIEW**

Cardiovascular disease (CVD) continues to be a leading cause of death in the United States, and dyslipidemia is one of the primary risk factors for the development of atherosclerotic cardiovascular disease (ASCVD). Bempedoic acid is a new non-statin lipid lowering medication that is FDA approved as monotherapy or in combination with ezetimibe as an adjunct to diet and maximally tolerated statin therapy for the treatment of adults with established ASCVD or heterozygous familial hypercholesterolemia who need additional LDL lowering. This presentation will review current lipid treatment guidelines, discuss the literature evaluating safety and efficacy of bempedoic acid for the treatment of dyslipidemia, and identify patients who may benefit from bempedoic acid therapy.

This live Zoom program is intended for pharmacists and nurses and offers 1 live hour of continuing education, or .01 CEUs. The registration fee for this program is \$25. The \$100 subscription for Live @Lunch series includes any/all of the 5 webinars in this series.

Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <u>www.nabp.net</u>.



## **FACULTY DISCLOSURES**

Programming in with AUHSOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure than information provided does not discuss since commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience. Faculty disclosures will also be included on an introductory slide during the presentation. Dr. McCoy has no actual or potential conflict of interest in relation to this program.

### ACCREDITATION INFORMATION



The Auburn University Harrison School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is **0001-0000-21-004-H01-P.** Release Date: 04/01/2021 Expiration Date: 04/01/2024

#### **ACTIVITY COMPLETION**

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, view the recorded webinar, complete the quiz and program evaluation within the online course, and claim credit within the course. Please contact hsopce@auburn.edu if you have any questions or needs related to this online CE program.

## **LEARNING OBJECTIVES**

- Evaluate the current evidence regarding the efficacy and safety of bempedoic acid for LDL-C lowering in patients with dyslipidemia.
- Discuss the role in therapy of bempedoic acid for treatment of dyslipidemia.
- Identify patients who would be appropriate candidates for use of bempedoic acid based on current lipid guideline recommendations for non-statin therapy.

## **FACULTY BIO**

**Emily McCoy**, Pharm.D., BCACP is an Associate Clinical Professor in the Auburn University Harrison School of Pharmacy's Department of Pharmacy Practice and an Adjunct Assistant Professor in the Department of Internal Medicine at the University of South Alabama College of Medicine.

Dr. McCoy graduated with her Doctor of Pharmacy degree from the University of Tennessee Health Science Center in Memphis, Tennessee in 2008. She completed a residency in ambulatory care with a focus in academia in Memphis with the UT-St. Francis Family Medicine residency program and became Board Certified in Ambulatory Care Pharmacy (BCACP) in 2011. Dr. McCoy joined the Auburn faculty in August 2009 and is currently heavily involved in the development, delivery, and coordination of the Practice Ready Curriculum, serving as the course coordinator for the P2 Fall semester.

Dr. McCoy is active in several national pharmacy organizations including the American Society of Health-System Pharmacists (ASHP), American Association of Colleges of Pharmacy (AACP), and the American College of Clinical Pharmacy (ACCP). She also currently serves as faculty for the ACCP/ASHP Ambulatory Care Prep Course for those wishing to become BCACP.

#### **Practice Site**

Dr. McCoy currently practices as a clinical pharmacy specialist at the USA Mobile Diagnostic Center at the Commons internal medicine clinic in Mobile, Alabama. At this practice site, Dr. McCoy practices in an interprofessional collaborative environment, providing education and management for patients with diabetes, hypertension, dyslipidemia, and cardiovascular risk reduction. Her research is also focused in these areas, with research projects evaluating the impact of pharmacist management on diabetes control in an interdisciplinary setting, pharmacist management of insulin pumps, and adherence to cardiovascular guideline recommendations.

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