



AUBURN UNIVERSITY  
HARRISON SCHOOL OF PHARMACY



## Pharmacologic Approaches for Glycemic Treatment in Type 2 Diabetes

### Dr. Heather Whitley

### PROGRAM OVERVIEW

Audience members will participate in an active discussion of medications commonly used for the treatment of type 2 diabetes for improving glycemic status. The discussion will include efficacy, including non-glycemic benefits of therapy, safety, and tolerability, along with identification of optimal therapeutic regimens.

This recorded webinar is intended for pharmacists and nurses and offers 1 live hour of continuing education, or .01 CEUs. The registration fee for this program is \$25. The \$100 subscription for Live @Lunch series includes any/all of the 5 webinars in this series.

Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at [www.nabp.net](http://www.nabp.net).



## FACULTY DISCLOSURES

Programming in with AUHSOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss a commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience. Faculty disclosures will also be included on an introductory slide during the presentation. Dr. Whitley has no actual or potential conflict of interest in relation to this program.

## ACCREDITATION INFORMATION



The Auburn University Harrison School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is **0001-0000-21-015-H01-P** and **0001-0000-21-015-L01-P**. Release Date: 06/07/2021 Expiration Date: 06/07/2024

## ACTIVITY COMPLETION

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, view the recorded webinar, complete the quiz and program evaluation within the online course, and claim credit within the course. Please contact [hsopce@auburn.edu](mailto:hsopce@auburn.edu) if you have any questions or needs related to this online CE program.

## LEARNING OBJECTIVES

- Compare the pathophysiology of type 1 to type 2 diabetes mellitus
- Explain the mechanism through which glycemic benefit is achieved with antihyperglycemic medications commonly used in the treatment of type 2 diabetes mellitus
- Apply drug and patient specific factors when selecting an antihyperglycemic medication for a patient with type 2 diabetes mellitus

## FACULTY BIO

**Heather Whitley**, Pharm.D., BCPS is a Clinical Professor in the Department of Pharmacy Practice at Auburn University Harrison School of Pharmacy. She completed her Doctor of Pharmacy degree from the Medical University of South Carolina in 2004, a Pharmacy Practice residency in 2005, and a Primary Care residency in 2006, both of which were ASHP-accredited residency programs. She is also a Board Certified Pharmacotherapy Specialist (BCPS) and a Certified Diabetes Educator.

She has practiced in multiple locations in Alabama as a Clinical Pharmacy Diabetes Specialist, including family medicine practices in the rural Black Belt, FQHC facilities, and most recently a family medicine residency program in Montgomery Alabama, affiliated with Baptist Health System. For the duration of her career she has been faculty with the Auburn University Harrison School of Pharmacy.

Dr. Whitley has published more than 30 manuscripts and presented at the national and international arena predominantly on her diabetes related research. Her research includes diagnostic measures, diabetes care and the chronic care model, and the scholarship of teaching and learning, particularly as it involves provision of care at camps for children with type 1 diabetes.

Dr. Whitley is also closely involved with the Southeastern Diabetes Education Services by supporting Camp Seale Harris as an on-site pharmacist for years. There she cares for children with type 1 diabetes at over-night camps while teaching her pharmacy students on site.

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*Members of the Post-Graduate Education Advisory Committee have completed a conflict of interest disclosure form and have no actual or potential conflicts of interest in relation to this program.*