



AUBURN UNIVERSITY  
HARRISON SCHOOL OF PHARMACY



## Menopause: Managing “The Change”

Dr. Kristi Kelley

December 13, 2021 9:00 am



### ACCREDITATION INFORMATION

The Auburn University Harrison School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide.

Auburn University Harrison School of Pharmacy is a Board approved provider of continuing nursing education in Alabama by the Alabama Board of Nursing.  
Provider Number: ABNP1515

### TARGET AUDIENCE

This knowledge-based program is intended for Nurse Practitioners (ANCC), Nurses (ABN).

## PROGRAM OVERVIEW

The registration fee for this program is FREE. Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for 1.2 ABN Contact Hours.**

***The Office of Post Graduate Education strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.***

This program is not sponsored by an external organization.

In the Baptist Health Foundation Center for Medical and Surgical Care at Princeton Baptist Medical Center, there is a high proportion of patients who seek care for the management of symptoms related to menopause. The clinic staff, including attending physicians, resident physicians, nurses, pharmacists, and social workers, collaborate on a regular basis to determine the most effective, patient-centered management regimen for patients going through menopause. Current guidelines from Endocrine Society recommend a multimodal approach to managing the wide range of menopausal symptoms; therefore, it is imperative that all healthcare professionals who provide care for these patients have a strong foundational knowledge of the various management approaches in order to implement the best patient-specific plan of care.

The management of menopausal symptoms is frequently discussed at the clinic as many patients contact the clinic for new symptoms and are often subsequently initiated on pharmacotherapy. With the wide range of symptoms that can manifest as well as the multimodal treatment approach recommended by the guidelines, the primary objective of this presentation will be to increase the clinic staff's knowledge on the symptomology of menopause as well as the role of the various treatment modalities, both pharmacologic and non-pharmacologic treatment options. The following points will be discussed with regard to the management of menopause: pathophysiology of organ changes related to menopause, symptomology, pharmacotherapy for specific types of symptoms as well as associated adverse effects, and lifestyle modifications for symptom management.

Patrick Martin and Linda Tran, fourth-year pharmacy students at the Auburn University Harrison School of Pharmacy, will be assisting with the development and delivery of this program.

## LEARNING OBJECTIVES

- Identify and classify various symptoms of menopause
- Compare and contrast the pharmacologic treatment options used for the management of menopause
- Discuss the role of non-hormonal therapy for the management of vasomotor symptoms
- Describe potential lifestyle modifications for symptom management
- Determine if symptoms can be managed with self-care or need clinical management

## ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, attend the live presentation, enter the attendance code within the course that was provided at the conclusion of the program, complete the program evaluation within the online course, and claim credit within the course. Please contact [hsopce@auburn.edu](mailto:hsopce@auburn.edu) if you have any questions or needs related to this online CE program.

## FACULTY DISCLOSURES

Programming in with AUHSOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss since commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience.

Faculty disclosures will also be included on an introductory slide during the presentation. Dr. Kristi Kelley has no actual or potential conflict of interest in relation to this program.

## PROGRAM FACULTY

Kristi W. Kelley, Pharm.D., FCCP, BCPS, BCACP, CDE, BC-ADM is a Clinical Professor at the Auburn University Harrison School of Pharmacy. Dr. Kelley earned both her Bachelor of Science in Pharmacy (1999) and Doctor of Pharmacy (2000) degrees at the Harrison School of Pharmacy. She completed an ASHP-accredited Primary Care Residency at the University of Mississippi Medical Center in 2001.

In addition to teaching in her clinical practice, Dr. Kelley is also involved in didactic teaching, service, and scholarship within the School. Complementing her practice and research interests is Dr. Kelley's involvement in professional associations, such as the American Society of Health-System Pharmacists (ASHP), the Alabama chapter of ASHP (ALSHP), the American College of Clinical Pharmacy (ACCP), and the American Association of Colleges of Pharmacy (AACP), serving on a variety of committees and holding leadership roles.

While on faculty at Auburn, Dr. Kelley has been honored to receive the Hargreaves Faculty Mentor Award, Roche's Preceptor of the Year, and be recognized as a Preceptor of Excellence four times. Dr. Kelley was part of a three-member team that received the school's inaugural Excellence in Teaching award and were also recognized as the school's representatives at the 2014 AACP Annual Meeting as a "Teacher of the Year." In 2018, Dr. Kelley was again awarded HSOP's Excellence in Teaching award. In 2016, Dr. Kelley was the recipient of ACCP's Education Award.

Dr. Kelley's scholarship interests include diabetes, metabolic syndrome, and pharmacy education. She has published and presented on these topics at both the regional and national level. In addition, she has served as invited faculty for ASHP recertification programs and ACCP's Teaching and Learning Academy/Certificate Program.

### Practice Site

Dr. Kelley practices at the Continuity Clinics with Brookwood Baptist Health, Internal Medicine Residency Program in Birmingham, Alabama where she serves as non-physician faculty. She is responsible for planning, implementing, and managing all pharmacy services related to patient care while precepting pharmacy students on ambulatory care rotations. During her time with HSOP, she has established clinical pharmacy services in three outpatient internal medicine clinics in the Birmingham area.

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*Members of the Post-Graduate Education Advisory Committee have completed a conflict-of-interest disclosure form and have no actual or potential conflicts of interest in relation to this program.*