



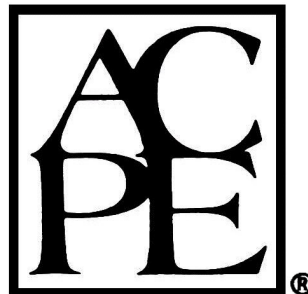
AUBURN UNIVERSITY
HARRISON SCHOOL OF PHARMACY



MOTIVATIONAL INTERVIEWING TRAINING

DR. JAN KAVOOKJIAN

MARCH 30 & 31, 2021



PROGRAM OVERVIEW

This live Zoom webinar training will be presented by Dr. Kavookjian. Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for a total of 9 ACPE Contact Hours, .09 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at www.nabp.net.

The Office of Post Graduate Education strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

TARGET AUDIENCE

This knowledge-based program is intended for Pharmacists.

FACULTY DISCLOSURES

Programming in with AUHSOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss a commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience.

Faculty disclosures will also be included on an introductory slide during the presentation. Dr. Kavookjian has no actual or potential conflict of interest in relation to this program.

ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, attend the live Zoom webinar, complete the program evaluation within the online course, and claim credit within the course. Please contact hsopce@auburn.edu if you have any questions or needs related to this online CE program.

ACCREDITATION INFORMATION



The Auburn University Harrison School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is **0001-0000-20-037-L04-P** and is intended for pharmacists.

LEARNING OBJECTIVES

Describe the Righting Reflex and contrast it with the Spirit of Motivational Interviewing.
Identify the person-centered MI communication principles and micro skills needed for conversations about comprehensive disease management or prevention that include health behavior change.
Apply appropriate examples of the MI communication principles and microskills in patient response and dialog for diabetes medication taking conversations with a non-adherent patient.
Demonstrate MI communication skills and micro skills in group case role play exercises regarding health behavior changes.

PROGRAM FACULTY



Jan Kavookjian, Associate Professor, Health Outcomes Research and Policy, AUHSOP

[Curriculum Vitae](#)

[Google Scholar Page](#)

[National Center for Biotechnology Information Listing](#)

Education:

- Ph.D., Social & Administrative Sciences in Pharmacy, Behavior Sciences Emphasis - Auburn, 2001
- M.B.A., Marketing and Strategic Planning, Marketing and Consumer Behavior Emphasis - Auburn, 1989
- B.S., Av. Mgt. in Engineering - Auburn, 1985

Research Interests:

Dr. Kavookjian's research areas include behavior sciences and outcomes research in chronic disease management (diabetes, obesity, cardiovascular disease, cancer prevention). She studies patient-reported psycho/social variables, health behaviors, and humanistic outcomes (satisfaction and quality of life). She also studies behavior interventions and their impact on patient outcomes, with a particular expertise in Motivational Interviewing and Shared Decision-Making as patient-centered health behavior change intervention strategies.

Dr. Kavookjian's expertise in Motivational Interviewing training as an intervention has been applied in various projects to impact patient behavior changes and provider behaviors changes, including recent projects focused on provider-based opioid abuse prevention strategies.

Selected Publications:

Kavookjian J. Motivational Interviewing. (Invited Chapter). In Richardson M, Chant C, Chessman KH, Finks SW, Hemstreet BA, Hume AL, et al, eds. *Pharmacotherapy Self-Assessment Program, 7th ed. Book 8: Science and Practice of Pharmacotherapy*. Lenexa, KS: American College of Clinical Pharmacy (ACCP), 2011:1-18.

Ekong G, **Kavookjian J.** Motivational interviewing and outcomes in adults with type 2 diabetes: a systematic review of the literature. *Patient Education and Counseling* 2016; 99(6):944-52.

Alatawi Y, **Kavookjian J**, Ekong G. A pilot study of medication adherence beliefs in patients with type 2 diabetes. *Research in Social and Administrative Pharmacy* 2016; 12(6):914-925.

Kavookjian J. Wittayanukorn S. Interventions for adherence with oral chemotherapy in hematological malignancies: A systematic review. *Research in Social and Administrative Pharmacy*, 2015.

Teeter BS, **Kavookjian J.** Telephone-based motivational interviewing for medication adherence: A systematic review. *Translational Behavioral Medicine*, 2014. 4(4): 372-381.

Hill S, **Kavookjian J.** Motivational interviewing as a behavioral intervention to increase HAART adherence in patients who are HIV+: A systematic review of the literature. *Aids Care* 2012.1-10.

Wolf D, Kemmis K, **Kavookjian J**, Largay J, Zrebiec J, Sidorov J, et al. Strategies for improving physical activity participation among individuals with diabetes. *Self Care* 2011.2(2):25-61.

Kavookjian J, Mamidi S. Prescribing beta-blockers after myocardial infarction: A preliminary study of physician motivations and barriers. *Clinical Therapeutics* 2008. 30(Cardiovascular Theme Issue):2241-49.

Kavookjian J, Elswick B, Whetsel T. A systematic review of evidence and gaps in the literature for physical activity behavior interventions in diabetes patients. *Diabetes Educator*, 2007. 33(6):962-988.

Sundaram M, **Kavookjian J**, Patrick JH, Madhavan SS, Miller LA & Scott V. Quality of Life, Health Status, and Clinical Outcomes in Type 2 Diabetes Patients. *Quality of Life Research* 2007.16(2):165-177.

POST-GRADUATE EDUCATION ADVISORY COMMITTEE

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Members of the Post-Graduate Education Advisory Committee have completed a conflict of interest disclosure form and have no actual or potential conflicts of interest in relation to this program.