



AUBURN UNIVERSITY
HARRISON SCHOOL OF PHARMACY



WHAT DO YOU NEED TO KNOW ABOUT THE MOST POPULAR SUPPLEMENTS?

Dr. Sean Smithgall



PROGRAM OVERVIEW

With market trends of dietary supplements increasing exponentially in the last few years, the discussion of what should pharmacists know or be aware of is very pertinent. For example, from 2019 to 2020 the market cap increased by 17.3% to over 11 billion in annual sales. Supplements like elderberry has doubled sales every year and is now the most profitable supplement of 2020 at over 250 million in annual sales. As popularity of these supplements change, so does the evidence showing their benefits and risks. Pharmacists need to be aware of these benefits and risks and we will discuss that in the presentation.

The registration fee for this program is FREE.

Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for 1 ACPE Contact Hours, .01 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <http://nabp.pharmacy/>. **This program is also approved by ABN.**

The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

This program is not sponsored by an external organization.

TARGET AUDIENCE

This knowledge-based program is intended for Pharmacists (ACPE).

LEARNING OBJECTIVES

- Identify commonly used dietary supplements based on market trends and survey data
- Analyze trends in market data with dietary supplements
- Identify dosing, adverse effects, drug-interactions, and counseling points on commonly used dietary supplements
- Determine evidence-based benefits of dietary supplements

ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, watch the recorded webinar, take the quiz, complete the program evaluation within the online course, and claim credit within the course. Please contact hsopce@auburn.edu if you have any questions or needs related to this online CE program.

ACCREDITATION INFORMATION



The Auburn University Harrison School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is **0001-0000-22-010-H01-P** and is intended for pharmacists. The initial release date for this home-study program is March 21, 2022, and the intended expiration date is March 21, 2025.

Auburn University Harrison School of Pharmacy is a Board approved provider of continuing nursing education in Alabama by the Alabama Board of Nursing. Provider Number: ABNP1515

PROGRAM FACULTY

Sean Smithgall, Pharm.D., joined the Harrison School of Pharmacy in August, 2016 as an assistant clinical professor in the Department of Pharmacy Practice on the school's Mobile campus. Dr. Smithgall earned his Doctor of Pharmacy from East Tennessee State University College of Pharmacy in 2014. He went on to complete a PGY-1 residency in pharmacotherapy at Geisinger Medical Center in Danville, Pennsylvania. He followed that up with a PGY-2 residency in ambulatory care at the Bill Gatton College of Pharmacy at East Tennessee State University.

Dr. Smithgall is an active member in the Alabama Society of Health-System Pharmacists (ALSHP), the American College of Clinical Pharmacy (ACCP), and the American Association of Colleges of Pharmacy (AACP). Dr. Smithgall's research interest includes transitions of care, interprofessional education, and implementation of shared-decision-making models in primary care practice.

PRACTICE SITE

As a clinical faculty member, Dr. Smithgall maintains a practice site in ambulatory care at the University of South Alabama Family Medicine Clinic in Mobile, Alabama. Dr. Smithgall has been a Board-Certified Ambulatory Care Pharmacist since 2017. He focuses on chronic disease state management, population health, and transitions of care. He cares for mainly indigent patients along the Gulf Coast.

FACULTY DISCLOSURES

Programming in with AUHSOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss since commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience.

Faculty disclosures will also be included on an introductory slide during the presentation. Dr. Smithgall has no actual or potential conflict of interest in relation to this program.

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