



AUBURN UNIVERSITY
HARRISON SCHOOL OF PHARMACY



Hypertension: Evaluation and Treatment

Dr. Lori Hornsby

Recorded Webinar



TARGET AUDIENCE

This knowledge-based program is intended for Pharmacists (ACPE) and Nurses (ABN).

LEARNING OBJECTIVES

- 1) List environmental factors that contribute to hypertension
- 2) List secondary and drug induced causes of hypertension
- 3) Describe the impact of nonpharmacologic interventions on systolic blood pressure
- 4) Recognize treatment thresholds for antihypertensive drug therapy
- 5) Select first line antihypertensive drug therapy for the treatment of hypertension
- 6) Select antihypertensive drug therapy based on the presence of co-morbidities and special populations
- 7) For first and select second line antihypertensive agents
 - a) Explain important information to provide to patients
 - b) Describe monitoring parameters for efficacy and safety

PROGRAM OVERVIEW

This presentation was developed in conjunction with the Alabama Cardiovascular Cooperative in efforts to educate healthcare providers on the recognition and management of cardiovascular disease and risk factors for cardiovascular disease. This module will review environmental factors that contribute to hypertension as well as secondary and drug induced causes of hypertension. The impact of nonpharmacologic interventions on systolic blood pressure is discussed and treatment thresholds for antihypertensive drug therapy are reviewed. The module provides an overview of first line antihypertensive drug therapy for hypertension and selection of therapy based on co-morbidities and in special populations. Counseling points and monitoring parameters of commonly prescribed agents are also discussed.

This activity is supported through grant funding provided by the Agency for Healthcare Research and Quality.

The registration fee for this program is \$0

Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for .75 ACPE Contact Hours, .0075 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <http://nabp.pharmacy/>.

The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, watch the recorded webinar, complete the quiz, complete the program evaluation within the online course, and claim credit within the course. Please contact hsopce@auburn.edu if you have any questions or needs related to this online CE program.

FACULTY DISCLOSURES

Programming in with AUHSOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure than information provided does not discuss since commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience.

Faculty disclosures will also be included on an introductory slide during the presentation. Dr. Hornsby has no actual or potential conflict of interest in relation to this program.

ACCREDITATION INFORMATION



The Auburn University Harrison School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is **0001-9999-22-033-H01-P** and is intended for pharmacists and Nurses. The initial release date for this home-study program is July 23, 2020, and the intended expiration date is July 23, 2023.

Auburn University Harrison School of Pharmacy is a Board-approved provider of continuing nursing education in Alabama by the Alabama Board of Nursing. Provider Number: ABNP1515

PROGRAM FACULTY

Lori B. Hornsby, Pharm.D. is an Associate Clinical Professor with the Harrison School of Pharmacy. Dr. Hornsby grew up in Talladega, Alabama and is an Auburn graduate. She completed her B.S. in Pharmacy in 1998 and earned her Pharm.D. degree in 1999 before completing a post-graduate Primary Care Specialty Residency with DCH in Tuscaloosa, Alabama and Auburn University.

After her residency she served as an affiliate faculty for Auburn, Georgia, and Mercer schools of pharmacy while working as an ambulatory clinical pharmacist with Columbus Regional Medical Center Family Medicine Residency Program in Columbus, Georgia. She became a Board Certified Pharmacotherapy Specialist in 2003.

Dr. Hornsby joined the HSOP in 2005 as full-time faculty practicing in Montgomery with the Montgomery Family Medicine Residency Program until August of 2008 at which time she rejoined Columbus Regional, now Piedmont Columbus.

She served as past chair of the HSOP curriculum committee and a member of the Practice Ready Curriculum Team involved in the development of the current curriculum. She has been honored with the Regional Preceptor of Excellence Award for the Columbus Region various times. In 2008 she was named Outstanding Teacher for the 2007-08 academic year and in 2016 she was awarded the Ways of Working (WOW) award for her work with the curriculum committee. She is also a member of the American College of Clinical Pharmacy (ACCP) and American Association of Colleges of Pharmacy (AACCP).

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Members of the Post-Graduate Education Advisory Committee have completed a conflict-of-interest disclosure form and have no actual or potential conflicts of interest in relation to this program.