

## **Garrett B. Aikens, PharmD, BCACP**

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### **EDUCATION**

University of Montana / Community Medical Center (CMC) Missoula, Montana	Post Graduate Year-1 Pharmacy Practice Residency 2011 – 2012
Auburn University, Harrison School of Pharmacy Auburn, Alabama	Doctor of Pharmacy Degree 2007 – 2011
Auburn University Auburn, Alabama	Pre-Pharmacy Curriculum (focus in Biomedical Science) 2006 – 2007
Southern Union State Community College Wadley, Alabama	Associate Degree in Science 2004 – 2006

### **LICENSURES and CERTIFICATIONS**

Board Certified Ambulatory Care Pharmacist	2013 – Present
Alabama Pharmacy Licensure	2011 – Present
Montana Pharmacy Licensure	2011 – 2013

### **WORK EXPERIENCE**

Tuscaloosa VAMC Tuscaloosa, Alabama	Associate Chief of Pharmacy, Clinical Services 2017 – Present
Central Alabama VHCS Montgomery, Alabama Ft. Benning, Georgia	Clinical Pharmacy Specialist Ambulatory Care/Academic Detailing Pharmacist 2012 - 2017
Fairfax Drug Company Valley, Alabama	Per Diem Community Pharmacist 2011 – 2017
Community Medical Center Missoula, Montana	Per Diem Staff/Clinical Pharmacist 2011 – 2012

## **PHARMACY PRACTICE EXPERIENCE**

### **Associate Chief of Pharmacy, Clinical Services**

**Jul 2017 - Present**

TVAMC, Tuscaloosa, Alabama

- Fulfill responsibilities of the Chief of Pharmacy position in the absence of the Chief (6 months of total experience)
- Supervise 16 clinical pharmacy specialist (CPS) covering multiple services including primary care, home-based primary care, outpatient pain management, outpatient mental health, mental health residential rehabilitation, acute psychiatry, short term physical rehabilitation, and long-term care
- Oversee Post Graduate Year (PGY)-1 Pharmacy Practice Residency and PGY-2 Psychiatric Pharmacy Residency programs totaling six pharmacy resident trainees
- Evaluate and improve clinical workload, outcomes, and processes in each area of pharmacy practice
- Expand clinical pharmacy services to optimize impact of the CPS as a mid-level practitioner
- Provide updates and education to facility leadership and staff
- Participate in pharmacy and facility wide committees including Residency Advisory Board, Pharmacy & Therapeutics, Opioid Safety Initiative, etc.
- Develop care coordination agreements between the pharmacy and other service areas to optimize the CPS role in improving patient outcomes in that area
- Develop and review facility policies that pertain to pharmacy and medications throughout the facility

### **Academic Detailing Pharmacist**

**Jan 2016 – Jul 2017**

VISN 7 Academic Detailing Office

Atlanta, Central Alabama, and Dublin VHCS

- Provide educational outreach visits with healthcare providers to improve knowledge and application of disease state guidelines and medication use recommendations
- Achieve improved safety and efficacy outcomes related to chronic disease state and medication management through changes in provider prescribing habits
- Develop educational modules/materials that are used to educate healthcare providers on best practices in disease state management and medication utilization
- Use dashboards and data reports to identify areas of deficiency and poor prescribing that impact patient outcomes
- Monitor prescribing trends and facility performance measures to understand trends in population outcomes
- Collaborate with leadership at the Atlanta, Central Alabama, and Dublin VHCS's to reduce implement strategies and resources, and reduce barriers to improving prescribing trends and veteran outcomes

### **Clinical Pharmacist Specialist – Ambulatory Care**

**Oct 2012 – Jul 2017**

Central Alabama Veterans Health Care System (CAVHCS)

Community Based Outpatient Clinic (CBOC), Ft. Benning, GA

- Independently prescribe medications under a “Broad Scope of Practice” for chronic disease states such as hypertension, diabetes, dyslipidemia, depression, insomnia, etc. within a medication management clinic and anticoagulation clinic
- Design, implement, assess, monitor and document therapeutic plans utilizing the most effective, least toxic and most economical medication treatments

- Lead group diabetes appointments with multiple patients and in collaboration with physicians, nurses, dieticians, and psychologist by facilitating topic discussion, prescribing and adjusting medications, monitoring medication safety, etc.
- Provide medication recommendations to primary care providers and mental health practitioners daily
- Evaluate non-formulary medication consults and approve or deny based on established criteria for use and clinical expertise
- Conduct medication use evaluations (MUE) to improve quality of patient care
- Create and engage medication cost savings initiatives
- Precept pharmacy residents and student pharmacists for primary care advanced pharmacy practice experience rotations

### **POST-GRADUATE RESIDENCY**

<b>Pharmacy and Therapeutics (P&amp;T) Committee</b>	<b>Jul 2011 – Jun 2012</b>
<b>Coumadin Clinic</b>	<b>Jul 2011 – Jun 2012</b>
<b>Inpatient Distribution Services</b>	<b>Jul 2011 – Jun 2012</b>
<b>Neonatal Intensive-Care Unit</b>	<b>Apr – May 2012</b>
<b>Ambulatory Care Medicine</b>	<b>Mar - Apr 2012</b>
<b>Intensive-Critical Care Medicine</b>	<b>February 2012</b>
<b>Internal Medicine</b>	<b>January 2012</b>
<b>Rehabilitation Medicine</b>	<b>November 2011</b>
<b>Infectious Disease</b>	<b>October 2011</b>
<b>Oncology</b>	<b>September 2011</b>
<b>Pain Management</b>	<b>August 2011</b>

### **TEACHING EXPERIENCE**

<b>Samford University, McWhorter School of Pharmacy</b>	<b>2017 – Present</b>
Affiliate Faculty, Department of Pharmacy Practice	
<ul style="list-style-type: none"> <li>▪ Introductory Pharmacy Practice Experience Preceptor</li> <li>▪ Advanced Pharmacy Practice Experience Preceptor</li> </ul>	
<b>Auburn University, Harrison School of Pharmacy</b>	<b>2010 - Present</b>
Affiliate Faculty, Department of Pharmacy Practice, 2013 – Present	
<ul style="list-style-type: none"> <li>▪ Advanced Pharmacy Practice Experience Preceptor (35 weeks/year)</li> </ul>	
Contemporary Aspects of Pharmacy Practice (CAPP) Lab Facilitator (24 hours), 2010 – 2011	
<b>University of Montana, Skaggs School of Pharmacy</b>	<b>2011 – 2012</b>
Integrated Studies III and IV (32 hours, small group facilitation)	
Therapeutics IV (2 hours, didactic lectures)	

### **PUBLICATIONS**

Davis L, Pilkinton P, Aikens G. 'Chapter 24: Pharmacotherapy for PTSD', in Friedman, et al. *Handbook of PTSD, Third Edition: Science and Practice. Under Review*

Ragan AP, **Aikens GB**, Bounthavong M, Brittain K, Mirk. **Academic detailing to reduce sedative-hypnotic prescribing in older veterans.** *Journal of Pharmacy Practice.* 2019 Aug; <https://doi.org/10.1177/0897190019870949>

Kirk CE, Gordon AN, Mooney KD, **Aikens GB**, Robinson MH, Howard ME. **Impact of a hypertension shared medical appointment on clinical outcomes and medication adherence in a Veterans Affairs health care system.** *Journal of Pharmacy Practice.* 2017 Jun; 35(5) 177-182

Neighbors L, Anderson K, **Aikens GB**, Durham SH. **Update on the treatment of Hepatitis C Infection.** *America's Pharmacist.* 2015 June; 41-52

**Aikens GB**, Osmundson JR, Rivey MP. **New Oral Pharmacotherapeutic Agents for Venous Thromboprophylaxis After Total Hip Arthroplasty.** *The World Journal of Orthopedics.* 2014 Jul; 5(3): 188-203

**Aikens GB**, Rivey MP, Hansen CJ. **Primary Venous Thromboembolism Prophylaxis in Ambulatory Cancer Patients.** *The Annals of Pharmacotherapy.* 2013 Feb; 47(2): 198-209

Phillippe HM, Darling CH, **Aikens GB**, and Wargo KA. **Development of an Antibiogram in a Long-Term Care Facility.** *The Consultant Pharmacist.* 2011 Nov; 26(11): 829 – 836

## POSTERS

Perry M, **Aikens G.** **Assessing Direct Oral Anticoagulant (DOAC) Adherence rates Compared to Warfarin in a Veteran Population.** 2019 Dec. Poster presented at the American Society of Health-System Pharmacists (ASHP) Midyear Clinical Meeting and Exhibition

Mirk A, Brittain K, Bouthavong M, **Aikens G**, Ragan A, Roop B, Cantrell H, Lavinghousez C, Walker A. **Academic Detailing to reduce Sedative-hypnotic Prescribing in Older Veterans.** 2018 Apr. Poster presented at the College of Psychiatric and Neurologic Pharmacists (CPNP) Annual Meeting, Indianapolis, IN.

Ragan A, **Aikens G**, Roop B, Cantrell H, Lavinghousez C, Walker A. **Utilization of Academic Detailing to Optimize Systolic Heart Failure Medication Prescribing Across a Veteran Affairs Network of Medical Centers.** 2017 Aug. Poster presented at American Pharmacy Association (APhA) Joint Federal/Pharmacy Seminar

- 1<sup>st</sup> Place Award Winner

Walker A, Roop B, Ragan A, Lavinghousez C, Cantrell H, Brittain K, **Aikens G.** **Utilizing academic detailing and direct to consumer education to decrease the use of sedative-hypnotics in geriatric patients.** 2017 May. Poster presented at American College of Clinical Pharmacy (ACCP) Virtual Poster Symposium

- Top Geriatric Poster Award Winner

**Aikens GB**, Johnson K, Cady K. **Evaluation of "STAT" and "NOW" Orders in an Intensive Critical-Care Unit.** 2011 Dec. Poster Presentation at American Society of Health-System Pharmacists (ASHP) Midyear Clinical Meeting, New Orleans, LA

Darling CH, **Aikens GB**, Phillippe HM, and Wargo KA. **The Development of an Antibiogram for a Long-Term Care Facility.** 2010 Dec. Poster presentation at American Society of Health-System Pharmacists (ASHP) Midyear Clinical Meeting, Anaheim, CA

## **PRESENTATIONS**

**2020**

***Primary Cardiovascular Disease Prevention in Older Adults.. 2020 Feb..*** Live ACPE accredited continuing education (1 hour) Presented to attendants of the Alabama Pharmacy Association's Mid-Winter Conference, Auburn, Alabama

**2019**

***Utilizing Pharmacogenomics (PGx) in Pharmacy Practice. 2019 Jun.*** Live ACPE accredited continuing education (1 hour) Presented to attendants of the Alabama Pharmacy Association's Annual Convention, San Destin, Florida

**2016**

***Opioid Overdose Education and Naloxone Distribution (OEND) Update. 2016 Jun.*** Live ACPE accredited continuing education (1 hour) Presented to attendants of the Alabama Pharmacy Association's Annual Convention, San Destin, Florida

**2013**

***New Oral Anticoagulants: A Brave New World? 2013 Jun.*** Live ACPE accredited continuing education (1.5 hour) Presented to attendants of the Alabama Pharmacy Association's Annual Convention, Biloxi, Mississippi

**2012**

***The Impact of Rivaroxaban Use in the Orthopedic Unit of a Community Hospital.*** 2012 May. Research presented to the attendants of the Western States Conference, Asilomar, CA

***Clostridium difficile Infection (CDI): A Review and Update.*** 2012 Mar. Continuing education (1 hour) presented to pharmacists, physicians, nurse practitioners, and nurses at Community Medical Center, Missoula, MT

**2011**

***Xarelto: A New Option for Oral Anticoagulation.*** 2011 Oct. Continuing education (1 hour) presentation on the clinical implications of rivaroxaban (Xarelto®) presented to pharmacists, physicians, nurse practitioners, and nurses at Community Medical Center, Missoula, MT

**2010**

***Dabigatran etexilate's Role In Thromboprophylaxis Compared to Enoxaparin After Orthopedic Surgery.*** 2010 Sep. Presentation on the clinical implications of dabigatran (Pradaxa ®) after orthopedic surgery presented to pharmacists, residents, and student pharmacists at Huntsville Hospital and UAB Huntsville Medical Campus

## **PROFESSIONAL ASSOCIATION MEMBERSHIP AND LEADERSHIP POSITIONS**

**Auburn Pharmacy Alumni Association**

G. B. Aikens

Curriculum Vitae

2011 - Present

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- Trustee, 2018 – Present
- Tuscaloosa Veterans Administration Medical Center (TVAMC)** 2017 - Present
- Pharmacy and Therapeutics (P&T) Committee
  - Opioid Safety Initiative Committee
  - Pharmacy Residency Advisory Board
    - ◆ PGY-1 Pharmacy Practice Residency
    - ◆ PGY-2 Psychiatric Residency
- Central Alabama Veterans Healthcare System (CAVHCS)** 2012 – 2017
- EQUIPPED Project Liaison, 2016 – 2017
    - ◆ CAVHCS representative on the national EQUIPPED project that aims at reducing potentially inappropriate medications (PIMS) ordered for geriatric patients at discharge from the emergency department
  - Opioid Safety Initiative (OSI) Committee, 2016 – 2017
  - Pharmacy & Therapeutics (P & T) Committee, 2016 – 2017
    - ◆ Non-voting attendee
- The Annals of Pharmacotherapy*** 2012 – Present
- Peer-reviewer for submitted manuscripts
- The Journal of Health-Systems Pharmacy Residents*** 2012 – 2013
- Peer-reviewer for submitted manuscripts
- Community Medical Center (CMC)** 2011 – 2012
- Pharmacy & Therapeutics (P & T) Committee
    - ◆ Developed protocols and order sets to be used within CMC
    - ◆ Submitted drugs for approval to formulary
    - ◆ Participated in discussion of policies, medication use, etc.
  - “For Your Drug Information” (FYDI) monthly continuing education lunch
    - ◆ Organized monthly topics and arranged speakers
    - ◆ Presented continuing education lectures
- American Society of Health-Systems Pharmacy (ASHP)** 2010 – Present
- New Practitioners Forum, 2012 – 2013
    - ◆ Communications and Technology Advisory Group Member
  - Attended Midyear Clinical Meetings, 2010 – 2013
- Alabama Pharmacy Association (APA)** 2007 – Present
- Board Trustee, 2015 – 2017
  - State Board Non-Designated Position Selection Committee, 2015
  - District 11 Delegate, 2013 – Present
  - New Practitioner’s Leadership Class of 2013
  - Membership Committee, 2009 – Present
    - ◆ Chair, 2013 – 2014
  - Public Relations Committee, 2009 – Present
  - Legislative Affairs Committee, 2009 – Present
  - Junior Trustee, 2009 – 2011
- Kappa Psi Pharmaceutical Fraternity,** 2007 – Present
- Attended Grand Council Conventions, Aug 2009, Aug 2011, Aug 2013

- Gulf Coast Province
  - ♦ Vice-Satrap, 2014 – Present
  - ♦ Chaplain, 2013
- Delta Gamma (Auburn University)
  - ♦ Grand Council Deputy, 2013 – Present
- South Alabama Graduate Chapter
  - ♦ Regent, 2013 – Present

**PROFESSIONAL ASSOCIATION MEMBERSHIP AND LEADERSHIP POSITIONS (continued)**

**Phi Lambda Sigma Leadership Fraternity, Alpha Chapter** 2010  
 ♦ 2010 Inductee

**National Community Pharmacy Association (NCPA)** 2008 – 2011

- Vice President, 2009 – 2011
- Good Neighbor Pharmacy NCPA Pruitt-Schutte Student Business Plan Competition
  - ♦ Collaborated with three fellow students to develop a business plan proposal for buying out, improving efficiency, and incorporating HIV/AIDS clinical services for an existing pharmacy, Spring 2010
  - ♦ Selected as one of three finalists to present their business plan at the NCPA national convention in Philadelphia, PA.
- Student Legislative Day
  - ♦ Organized an event for students to meet their respective legislators at the State Capitol Building in Montgomery, AL to discuss current legislation concerning the practice of pharmacy. March 2010
- Alabama representative to the NCPA National Legislative Conference, June 2009
  - ♦ Participated in Congressional Meetings with Representatives and Senators from Alabama to discuss issues and legislation pertaining to pharmacy practice.
  - ♦ Student ambassador to the national conventions in New Orleans, LA and Philadelphia, PA
- Organized and participated in annual flu shot clinics and health fairs

**Harrison School of Pharmacy (HSOP), Auburn University (AU)** 2007 - 2011

- HSOP Academic Dishonesty Committee, 2010
- HSOP Hargreaves Day Planning Committee, 2009 – 2010
- HSOP Strategic Planning Committee, 2009 – 2010
- HSOP Student Council
- Auburn University Student Government Association (SGA) Senator, 2009 – 2010
  - ♦ AU Senate Code of Laws Committee
    - Made significant changes to the Auburn University Code of Laws and Constitution
  - ♦ Senate representative for the SGA’s “Better Relations Day” with the Universities of Georgia and Alabama
- HSOP Admissions Committee, Interviewer, and Tour Guide, 2008 – 2010
- HSOP Curriculum Committee, 2009

**HONORS AND AWARDS**

**Alabama Pharmacy Association Excellence in Innovation Award, June 2019**

- Recognizes innovative pharmacy practice resulting in improved patient outcomes

**Alabama Pharmacy Association Distinguished Young Pharmacist Award, June 2014**

- Recognizes leadership and service to the profession by a pharmacist early in their career
- Based on participation in national pharmacy associations, professional programs, state association activities, and/or community service

**HONORS AND AWARDS (continued)**

**Joseph O. Dean Jr., Student Professionalism Award, April 2011**

- Presented annually to one student from the Auburn University Harrison School of Pharmacy or the Samford University McWhorter School of Pharmacy
- Recognizes a student leader who demonstrates in his/her school and other pharmacy-related endeavors a high level of professionalism
- Takes into consideration the vision of the recipient for future pharmacist functions and healthcare programs

**Kappa Psi, Delta Gamma chapter Pharmacy Leadership Award, April 2011**

**Kappa Psi, Delta Gamma chapter Pharmacy Leadership Award, April 2010**

**NCPA Good Neighbor Pharmacy Pruitt-Schutte Student Business Plan finalist, 2010**

**NCPA, Auburn University Chapter Student Achievement Award, April 2010**

**Auburn University Alva McCrary Trust Scholarship, June 2006**

**Southern Union State Community College Presidential Scholarship, May 2004**