



AUBURN UNIVERSITY
Harrison College of Pharmacy



CONTINUING
EDUCATION

SUICIDE PREVENTION

RACHEL-CLAIR FRANKLIN

JULY 30, 2022



PROGRAM OVERVIEW

The Alliance Project is a suicide prevention training that was designed due to sustainability concerns regarding costs, skill retention and utilization, and to engage individuals in more active learning strategies to improve gatekeeper skill development. Participants will learn the 5 steps to supporting someone in distress and how to actively implement these skills to become more confident applying them day-to-day. The training curriculum is designed for individuals with and without mental health training.

The registration fee for this program is FREE.

Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for 1.5 ACPE Contact Hours, .15 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <http://nabp.pharmacy/>.

The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

This program is sponsored by the Mississippi Association of Recovering Pharmacists (MARP)

TARGET AUDIENCE

This knowledge-based program is intended for Pharmacists (ACPE), Pharmacy Technicians (ACPE).

LEARNING OBJECTIVES

Pharmacist: At the completion of this activity, the participant will be able to:

- A. Describe common themes in elevated stress response, how real-life events can impact stress response and behavioral clues to chronic stress
- B. Discuss how social support can ease the stress response and increase help-seeking intentions among those with depressive symptoms.
- C. Identify three referral resources for individuals who may be experiencing distress.

Pharmacy Technicians: At the completion of this activity, the participant will be able to:

- A. Describe common themes in elevated stress response, how real-life events can impact stress response, and behavioral clues to chronic stress
- B. Discuss how social support can ease the stress response and increase helpseeking intentions among those with depressive symptoms.
- C. Identify three referral resources for individuals who may be experiencing distress.

ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, attend the live program, enter the attendance code within the course that was provided at the conclusion of the program, complete the program evaluation within the online course, and claim credit within the course. Please contact hsopce@auburn.edu if you have any questions or needs related to this online CE program.

FACULTY DISCLOSURES

Programming with AUHSOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information from multiple perspectives from which to form a professional opinion. In addition, a fair balance will assure that the information provided does not discuss commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience.

Faculty disclosures will also be included on an introductory slide during the presentation. Ms. Franklin has no actual or potential conflict of interest in relation to this program.

ACCREDITATION INFORMATION



The Auburn University Harrison School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is **0001-9999-22-027-Lo4-P/T** and is intended for Pharmacists and Pharmacy Technicians. The initial release date for this live program is April 5, 2022, and the intended expiration date is April 5, 2025.

Auburn University Harrison School of Pharmacy is a Board-approved provider of continuing nursing education in Alabama by the Alabama Board of Nursing. Provider Number: ABNP1515

PROGRAM FACULTY

Rachel-Clair Franklin, LPC-S, CHES, BC-TMH is currently the Licensed Training and Response Clinician for The Alliance Project. She provides suicide prevention and postvention trainings as well as responding to communities when there is a death of youth throughout the state of MS.

She received master's degrees in Clinical Mental Health Counseling and Public Health Education. She is a licensed counseling supervisor (LPC-S), a board-certified telehealth provider (BC-TMH), and a Certified Health Education Specialist (CHES).

She has previous experience working within college counseling centers, community mental health agencies, and inpatient residential settings. Her clinical areas of interest include identity development, risk and protective factors that contribute to suicidality, and the impact that sleep-wake disorders have on the quality of life.

PROGRAM AGENDA

Saturday, July 30, 2022

- 08:00-08:45am Registration and breakfast
- 08:45-08:48am Explanation of the Facilities and Scheduled Activities of the Day -. Jerry Fortenberry, MARP Seminar Coordinator
- 08:48-08:50am Welcome and intro to first Speaker Nate D'Mello, MARP President
- 08:50-10:20am Motivational Interviewing - Loren Beck, LADC, PRS, D-CS
- 10:20-10:30am Break
- 10:30-12:00pm Relationships in Addiction - Greg Greer, LAC, LMSW, CGP
- 12:00-01:00pm Lunch
- 01:00-02:30pm Brain Chemistry Of Addiction - Dr. Eric Hedberg, MD
- 02:30-02:45pm BREAK
- 02:45-04:15pm Suicide Prevention - Rachel-Clair Franklin, LPC-S, CHES

Sunday, July 31, 2022

- 08:00-08:40am Breakfast
- 08:40-08:45am Welcome & Intro of First Speaker- Don Comfort, President, MARP
- 08:45-10:15am Current Trending Drugs of Abuse - Whitney Cox, LPC-S, CAT, NCC, The Pines and Caty Hills
- 10:15-10:30am Break
- 10:30-12:00pm Character Defects Examined - Shlanda Ball, P-LPC, CTP, The Pines and Caty Hills

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Members of the Post-Graduate Education Advisory Committee have completed a conflict-of-interest disclosure form and have no actual or potential conflicts of interest in relation to this program.