



Preceptor Updates 2022: Developing Clinical Reasoning and Dealing with Preceptor Burnout

Dr. Bobby Helmer

November 30, 2022 1pm-4pm



PROGRAM OVERVIEW

Clinical reasoning in pharmacy practice is a commonly used and vitally important skill. Although we expect these skills to develop and strengthen particularly in the experiential education setting, they are often difficult to objectively define, teach, and evaluate among pharmacy learners. It has been described by preceptors as a skill that: “We know it when we see it, we believe that we use it, but we struggle to teach it.” This presentation will provide an overview of the skills and characteristics that play into effective clinical reasoning and discuss practical strategies for preceptors to utilize to help guide, strengthen, and evaluate clinical reasoning skills within their learners.

While student resilience and well-being is a hot topic in the pharmacy education world, pharmacy preceptors are also at a high risk of experiencing burnout. Preceptors at risk for burnout experience less job satisfaction and can develop disinterest in their patient care and precepting responsibilities, which can lead to patient safety issues and diminished learning environments for students. This portion of the presentation will review data highlighting the risks of preceptor burnout, risk factors and assessment tools to identify those at risk for burnout, and describing strategies for managing/preventing preceptor burnout including practical resources.

Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for 3.0 ACPE Contact Hours, .3 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner’s CPE Monitor profile at <http://nabp.pharmacy/>.

The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

There is no registration fee for this program. This program is not sponsored by an external organization.

TARGET AUDIENCE

This knowledge-based program is intended for Pharmacists (ACPE).

LEARNING OBJECTIVES

- 1) Define clinical reasoning in the context of pharmacy education
- 2) Describe the challenges of enhancing clinical reasoning through precepting
- 3) Identify the learner skills and characteristics involved in effective clinical reasoning
- 4) Describe preceptor strategies for enhancing clinical reasoning among pharmacy learners
- 5) Summarize the impact of preceptor burnout
- 6) List major contributors/risk factors for preceptor burnout
- 7) Describe strategies for managing and preventing preceptor burnout
- 8) Identify practical resources for addressing preceptor burnout

ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, attend the live program in-person or via Zoom webinar, enter the attendance code within the course that was provided at the conclusion of the program, complete the program evaluation within the online course, and claim credit within the course. Please contact hsopce@auburn.edu if you have any questions or needs related to this online CE program.

FACULTY DISCLOSURES

Programming in with AUHCOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss since commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience.

Faculty disclosures will also be included on an introductory slide during the presentation. Dr. Helmer has no actual or potential conflict of interest in relation to this program.

ACCREDITATION INFORMATION



The Auburn University Harrison College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is **0001-0000-22-069-L99-P** and is intended for pharmacists.

PROGRAM FACULTY

Robert “Bobby” Helmer, PharmD, BCPS is an Associate Clinical Professor of Pharmacy Practice at the Auburn University Harrison College of Pharmacy- Mobile campus, where he also serves as the Assistant Director of Experiential Programs. Dr. Helmer graduated with his Doctor of Pharmacy degree from the South Carolina College of Pharmacy- MUSC Campus in Charleston, SC. Following graduation, he completed a 24-month (PGY1/PGY2) residency in Pharmacotherapy at the University of Tennessee Medical Center and University of Tennessee College of Pharmacy in Knoxville, Tennessee. He currently maintains an active practice with the inpatient internal medicine services at the University of South Alabama University Hospital in Mobile, Alabama. His professional and scholarly interests include liver disorders, neurological disorders, and the scholarship of teaching and learning.

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