



AUBURN UNIVERSITY
Harrison College of Pharmacy

HARRISON COLLEGE OF PHARMACY



CONTINUING
EDUCATION

NATURAL MEDICINE COMMON PRODUCTS

Dr. Kristi Kelley

Monday, April 17, 2023 ~ 9 am -10 am CT



PROGRAM OVERVIEW

Princeton Baptist Medical Center's internal medicine resident clinic care for individuals who are at times on supplements, herbs, or plants to improve health, and to prevent and treat disease. The latter can be summed up as "natural medicine," or using alternative treatments that are not of traditional evidence-based (allopathic) medicine. While it may not be everyday practice to see a patient on an alternative medication, some of the medications that will be discussed are commonly talked about and are "buzz words" in the community. Natural medicine is not well understood and is of interest within the clinic. Given that many patients and healthcare workers have heard of some natural medicines, there is still a lack of understanding of how these medicines work for certain medical conditions. It is important for all members of a healthcare team to be familiar and feel confident in caring for patients who may be taking or may be interested in taking a natural medication to augment or supplement therapy. The internal medicine resident clinic team consists of physicians, pharmacists, nurses, and social workers. Each member of the healthcare team works together to optimize the health and wellbeing of each patient. The purpose of this presentation includes educating the healthcare team on the most common natural medicines and supplements. The most common adverse effects, major drug interaction, and special populations will also be discussed for each product. Each member of the team should be aware and educated on the most common supplements patient's take or have questions on to appropriately treat each patient that may be on any natural medicine or have questions on initiating one. Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for 1.0 ACPE Contact Hours, .1 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <http://nabp.pharmacy/>. **This program is also approved by the ABN and ABSWE.** *The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.*

TARGET AUDIENCE

This knowledge-based program is intended for Nurses (ABN) and Social Workers (ABSWE).

LEARNING OBJECTIVES

- Define commonly used words/phrases surrounding natural medicine.
- Compare and contrast the different types of popular supplements/herbs.
- Review key adverse effects, drug interactions, and special populations for each supplement.
- Discuss evidence that support or oppose the use of the medicines.

ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, watch the recorded webinar, complete the program evaluation within the online course, and claim credit within the course. Please contact hsopce@auburn.edu if you have any questions or needs related to this online CE program.

FACULTY DISCLOSURES

Programming in with AUHCOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss since commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience.

Faculty disclosures will also be included on an introductory slide during the presentation. Drs. Kelley, Mallory, and McCauley have no actual or potential conflict of interest in relation to this program.

ACCREDITATION INFORMATION



The Auburn University Harrison School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. This knowledge-based program is intended for nurses and social workers.

Auburn University Harrison School of Pharmacy is a Board approved provider of continuing nursing education in Alabama by the Alabama Board of Nursing. Provider Number: ABNP1515

Auburn University Harrison School of Pharmacy is a Board-approved provider of continuing education for social workers by the Alabama Board of Social Work Examiners. Provider Number: 0643

PROGRAM FACULTY

Kristi W. Kelley, Pharm.D., FCCP, BCPS, BCACP, CDE, BC-ADM is a Clinical Professor at the Auburn University Harrison College of Pharmacy. Dr. Kelley earned both her Bachelor of Science in Pharmacy (1999) and Doctor of Pharmacy (2000) degrees at the Harrison College of Pharmacy. She completed an ASHP-accredited Primary Care Residency at the University of Mississippi Medical Center in 2001.

Practice Site

Dr. Kelley practices at the Continuity Clinics with Brookwood Baptist Health, Internal Medicine Residency Program in Birmingham, Alabama where she serves as non-physician faculty. She is responsible for planning, implementing, and managing all pharmacy services related to patient care while precepting pharmacy students on ambulatory care rotations. During her time with HCOP, she has established clinical pharmacy services in three outpatient internal medicine clinics in the Birmingham area.

Colin Mallory and Ashley McCauley, fourth-year pharmacy students at Auburn University's Harrison College of Pharmacy, are assisting with developing and presenting this program.

[ColinMallory CV 1.pdf](#)

[CV UPDATED MCCAULEY o.pdf](#)

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Members of the Post-Graduate Education Advisory Committee have completed a conflict-of-interest disclosure form and have no actual or potential conflicts of interest in relation to this program.