

HARRISON COLLEGE OF PHARMACY



### CONTINUOUS GLUCOSE MONITORING EDUCATION FOR THE PRACTICING PHARMACIST

Dr. Heather Whitley

**Recorded Webinar** 



PROGRAM OVERVIEW

Continuous glucose monitors (CGM) continue to gain use among people with diabetes. Pharmacists are uniquely positioned to help patients' selection of CGM to use and support the interpretation of the glucose data that is retrieved from CGMs, which ultimately can impact care. This webinar will compare differences between CGMs and traditional blood glucose monitoring, discuss differences among CGM products, and offer methods to analyze data downloads from CGMs.

This webinar is part of our 5-part LIVE @ LUNCH Webinar Subscription series subscription for\$100. Each individual course can be purchased separately for \$25.

Following registration, participants will have access to course instructions, updates, presentations, recorded webinar, program evaluation, CE certificates and credits, etc. This program is approved for 1.0 ACPE Contact Hours, .1 CEUs. Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at http://nabp.pharmacy/. This program is also approved by the ABN.

The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

This program is not sponsored by an external organization.

# TARGET AUDIENCE

This knowledge-based program is intended for Pharmacists (ACPE) and Nurses (ABN).

### LEARNING OBJECTIVES

- Describe the differences between traditional blood glucose monitoring and continuous glucose monitoring (CGM)
- Compare differences among the available CGMs on the market
- Outline steps for interpreting an Ambulatory Glucose Profile (AGP)

# ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, watch the recorded webinar, complete the course quiz, complete the program evaluation within the online course, and claim credit within the course. Please contact <u>hcopce@auburn.edu</u> if you have any questions or needs related to this online CE program.

# FACULTY DISCLOSURES

Programming in with AUHCOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure than information provided does not discuss since commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience.

Faculty disclosures will also be included on an introductory slide during the presentation. Dr. Whitley has no actual or potential conflict of interest in relation to this program.

# ACCREDITATION INFORMATION



The Auburn University Harrison School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is **0001-0000-23-023-H01-P** and is intended for pharmacists. The initial release date for this program is May 3, 2023, and the intended expiration date is May 3, 2026.

Auburn University Harrison School of Pharmacy is a Board approved provider of continuing nursing education in Alabama by the Alabama Board of Nursing. Provider Number: ABNP1515

# PROGRAM FACULTY

Heather Whitley, Pharm.D., BCPS is a Clinical Professor in the Department of Pharmacy Practice at Auburn University Harrison School of Pharmacy. She completed her Doctor of Pharmacy degree from the Medical University of South Carolina in 2004, a Pharmacy Practice residency in 2005, and a Primary Care residency in 2006, both of which were ASHP-accredited residency programs. She is also a Board-Certified Pharmacotherapy Specialist (BCPS) and a Certified Diabetes Educator.

She has practiced in multiple locations in Alabama as a Clinical Pharmacy Diabetes Specialist, including family medicine practices in the rural Black Belt, FQHC facilities, and most recently a family medicine residency program in Montgomery Alabama, affiliated with Baptist Health System. For the duration of her career, she has been faculty with the Auburn University Harrison School of Pharmacy.

Dr. Whitley has published more than 30 manuscripts and presented at the national and international arena predominantly on her diabetes related research. Her research includes diagnostic measures, diabetes care and the chronic care model, and the scholarship of teaching and learning, particularly as it involves provision of care at camps for children with type 1 diabetes.

Dr. Whitley is also closely involved with the Southeastern Diabetes Education Services by supporting Camp Seale Harris as an on-site pharmacist for years. There she cares for children with type 1 diabetes at over-night camps while teaching her pharmacy students on site.

#### POST-GRADUATE EDUCATION ADVISORY COMMITTEE

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Members of the Post-Graduate Education Advisory Committee have completed a conflict-of-interest disclosure form and have no actual or potential conflicts of interest in relation to this program.