



AUBURN UNIVERSITY
Harrison College of Pharmacy

HARRISON COLLEGE OF PHARMACY



CONTINUING
EDUCATION

Treating Pain in Adolescents

Lea Eiland

Recorded Webinar



PROGRAM OVERVIEW

This presentation will focus on treatment options for pain in the adolescent population. Pain may occur after trauma, such as sports injuries or procedures, such as wisdom teeth extraction in this population. Non-pharmacological therapies should be considered, as well as non-opioid pharmacological therapies. Pain management with opioid medications may be indicated, but best practices should be used when prescribing treatments, and patient education should occur to the patient and caregiver. We are in an opioid epidemic crisis at this time. Adolescents, age 12-18 years, experience pain and are prescribed opioids for treatment. Best practices should be utilized with this population when treating pain. The Opioid Training Institute is a cooperative effort of the [Alabama Department of Mental Health](#) and the [Substance Abuse and Mental Health Services Administration](#). It is made possible by a grant provided by [SAMHSA](#).

Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for 1.0 ACPE Contact Hours, .1 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <http://nabp.pharmacy/>. **This program is also approved by the ABN and ACCME.**

The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

This program is not sponsored by an external organization.

TARGET AUDIENCE

This knowledge-based program is intended for Pharmacists (ACPE), Nurses (ABN), and Physicians (ACCME).

LEARNING OBJECTIVES

- Describe how to assess pain in the pediatric population.
- Develop a non-pharmacological treatment plan for pain in an adolescent patient.
- Develop a pharmacological treatment plan for pain in an adolescent patient.
- Describe communication strategies that may be used with the adolescent population.

ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, watch the recorded webinar, take the quiz, complete the program evaluation within the online course, and claim credit within the course. Please contact hsopce@auburn.edu if you have any questions or needs related to this online CE program.

FACULTY DISCLOSURES

Programming in with AUHCOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss since commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience.

Faculty disclosures will also be included on an introductory slide during the presentation. Dr. Eiland has no actual or potential conflict of interest in relation to this program.

ACCREDITATION INFORMATION



The Auburn University Harrison School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is 0001-9999-23-018-H08-P and is intended for pharmacists. The initial release date for this program is March 3, 2023, and the intended expiration date is March 3, 2026.

ABN - Auburn University Harrison School of Pharmacy is a Board approved provider of continuing nursing education in Alabama by the Alabama Board of Nursing. Provider Number: ABNP1515

ACCME - This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama (MASA) through the joint providership of Huntsville Hospital and the Auburn University Harrison School of Pharmacy. Huntsville Hospital is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

Huntsville Hospital designates this home study program for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians, Physician Assistants, and Nurse Practitioners should claim only the credit commensurate with the extent of their participation in the activity.

PROGRAM FACULTY

Lea Eiland

Pharm.D., BCPS, BCPPS, FASHP, FPPA

Dr. Lea Eiland is a Clinical Professor and Associate Department Head of Pharmacy Practice at Auburn University, Harrison School of Pharmacy. Dr. Eiland received her Doctor of Pharmacy degree from the University of Texas at Austin College of Pharmacy and completed a pediatric specialty residency at Texas Tech University Health Sciences Center. She joined the Auburn faculty in 2002 and practiced in the general pediatric inpatient setting, pediatric ICU, and pediatric clinics where she precepts pharmacy students and residents.

POST-GRADUATE EDUCATION ADVISORY COMMITTEE

Spencer Durham, Pharm.D., BCPS, BCIDP
Associate Clinical Professor, Director of Alumni & Professional Affairs

Alison Baker, Pharm.D.
Coordinator of Distributive Services, AU Employee Pharmacy

Angela Calderon, Ph.D.
Associate Professor, Drug Discovery and Development

Renee' Delaney, MBA
Operations Manager, COACH

Sarah Kimble, CPhT
Lead Pharmacy Technician, Auburn University Employee Pharmacy

Erika Kleppinger, Pharm.D., BCPS
Associate Clinical Professor, Pharmacy Practice

Wes Lindsey, Pharm.D.
Associate Clinical Professor, Pharmacy Practice

Matthew Loop, Ph.D.
Assistant Professor, Health Outcomes Research and Policy

Danielle Waites, MSW
Patient Care Coordinator, Clinical Affairs and Outreach

Marian Williams, MS
Academic Programs Administrator, Faculty Affairs and Strategic Initiatives

Tanja Redd, MBA
Program Coordinator, Alumni and Professional Affairs

Brianna Foster
Program Administrator, Alumni and Professional Affairs

Members of the Post-Graduate Education Advisory Committee have completed a conflict-of-interest disclosure form and have no actual or potential conflicts of interest in relation to this program.