

AUBURN UNIVERSITY Harrison College of Pharmacy





# LIVE @ LUNCH - HFpEF: Time for a Deeper Look

Dr. Jessica Starr

**Recorded Webinar** 



## PROGRAM OVERVIEW

Heart Failure with preserved Ejection Fraction (HFpEF) affects between 1.1-5.5% of the general population, with a prevalence of > 10% in older adults (> 75 years of age). Patients with HFpEF suffer from significant morbidity and mortality, however traditional therapies used to manage Heart Failure with reduced Ejection Fraction (HFrEF), have failed to reduce morbidity or mortality in these patients. Recently, sodium-glucose cotransporter 2 (SGLT2) inhibitors have demonstrated benefits in this population, but limitations in data pose questions regarding application to routine patient care. Further, new recommendations for both mineralocorticoid receptor antagonists (MRA) and angiotensin receptor blocker neprilysin inhibitors (ARNI) warrant a closer look. This session will discuss an initial overview of HFpEF, the "traditional" approach to management, and gaps in patient care; next an interactive discussion of recently evaluated entities for HFpEF, including MRA, ARNI and SGLT2 inhibitors. A case-based format will be used. The registration fee for this program is \$25.

Following registration, participants will have access to course instructions, updates, presentations, recorded webinar, program evaluation, CE certificates and credits, etc. **This program is approved for 1 ACPE Contact Hours, .1 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <u>http://nabp.pharmacy/</u>. **This program is also approved by ABN.** 

The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

This program is not sponsored by an external organization.

## TARGET AUDIENCE

This knowledge-based program is intended for Pharmacists (ACPE) and Nurses (ABN).

## LEARNING OBJECTIVES

- Differentiate the clinical characteristics of heart failure with preserved ejection fraction from heart failure with reduced ejection fraction.
- Discuss the role of currently recommended drug classes for the treatment of heart failure with preserved ejection fraction.
- Develop a treatment plan for a patient with heart failure with preserved ejection fraction.

## ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, watch the recorded Zoom webinar, take the quiz, complete the program evaluation within the online course, and claim credit within the course. Please contact hcopce@auburn.edu if you have any questions or needs related to this online CE program.

#### FACULTY DISCLOSURES

Programming in with AUHCOP is in any way involved, whether as sole provider or jointprovidership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure than information provided does not discuss since commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience. Faculty disclosures will also be included on an introductory slide during the presentation. Dr. Starr has no actual or potential conflict of interest in relation to this program.

# ACCREDITATION INFORMATION



The Auburn University Harrison College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is **0001-0000-24-013-H01-P** and is intended for pharmacists. The initial release date for this home-study program is March 5, 2024, and the intended expiration date is March 5, 2027.

ABN - Auburn University Harrison School of Pharmacy is a Board approved provider of continuing nursing education in Alabama by the Alabama Board of Nursing. Provider Number: ABNP1515

## PROGRAM FACULTY

**Dr. Jessica Starr**, PharmD, FCCP, BCPS is an Associate Clinical Professor in the Department of Pharmacy Practice at the Harrison College of Pharmacy. Originally from Pensacola, Florida, Dr. Starr completed her pre-pharmacy coursework at the University of California, Santa Barbra and graduated with her Doctor of Pharmacy from the Harrison College of Pharmacy. After graduation, she moved to Charleston, South Carolina where she completed an ASHP-accredited pharmacy practice residency and a specialty residency in adult internal medicine at the Medical University of South Carolina.

Dr. Starr is extensively involved in curricular design for the practice ready curriculum where she serves as the course coordinator for the P3 fall semester. She has developed and currently executes the evidenced-based medicine course work which is integrated throughout the first three professional years. Her primary area of expertise is cardiovascular pharmacotherapy where she has both mapped and extensively taught these disease states during the P1, P2, and P3 years. She also offers both an IPPE and APPE clinical rotation in Internal Medicine at her practice site, Princeton Baptist Medical Center.

Dr. Starr has received numerous awards while at the Harrison College of Pharmacy. She was awarded the Lucinda Maine Fellow in Teaching which recognizes a faculty member who has excelled in the effort to create a powerful and inspiring learning environment that establishes the school as the leading destination for outstanding Doctor of Pharmacy and Graduate Students. Dr. Starr also received the college's inaugural Excellence in Outreach award for her work at Princeton Baptist Medical Center. She has been recognized as a Preceptor of Excellence numerous times and has received the Rho Chi Distinguished Alumni Award.

Dr. Starr is extensively involved in both the American Society of Health-System Pharmacists (ASHP) and the American College of Clinical Pharmacy (ACCP) where she has served on a variety of committees and held numerous leadership roles. Most notably she is a past chair of the Adult Medicine PRN for ACCP and was recognized as a fellow in this organization in 2014.

#### PRACTICE SITE

Dr. Starr practices as a clinical pharmacy specialist at Princeton Baptist Medical Center where she works with an interdisciplinary medical team to the provide direct patient care to the patients admitted to an internal medicine rounding team.

Dr. Starr founded and directed a PGY1 pharmacy residency program from 2008-2017 where she served as the program director for 21 residents. She continues to be heavily involved in this program where she serves as a preceptor for both clinical rotations and residency projects. In 2020, Dr. Starr founded a PGY2 residency in internal medicine and currently serves as the director of this program.

Dr. Starr also holds a faulty appointment with the Department of Medical Education where she serves as a non-physician attending for an Evidenced Based Medicine Rotation offered to second and third year internal medicine medical residents. She is also extensively involved in medical resident education throughout this three-year residency program..

## POST-GRADUATE EDUCATION ADVISORY

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Members of the Post-Graduate Education Advisory Committee have completed a conflict-ofinterest disclosure form and have no actual or potential conflicts of interest in relation to this program.