



AUBURN UNIVERSITY
Harrison College of Pharmacy

HARRISON COLLEGE OF PHARMACY



CONTINUING
EDUCATION

THE SILVER LINING: NAVIGATING DIABETES IN OLDER ADULTS

Dr. Kristi Kelley
Recorded Webinar



PROGRAM OVERVIEW

Approximately 11% of adults in the United States have diabetes and ~29% of adults that are greater than or equal to 65 years of age have diabetes. Annually the American Diabetes Association updates their Standards of Medical Care in Diabetes, including specific recommendations for older adults, while other endocrine organizations periodically update their treatment algorithms. Most recently, the International Geriatric Diabetes Society published recommendations. These evidence-based clinical practice recommendations are commonly utilized to provide comprehensive management for persons with diabetes. Key updates to management of type 2 diabetes for these clinical practice recommendations, including special considerations for management in older adults, will be highlighted in this presentation. The key characteristics and roles of newer agents in the management of type 2 diabetes will be emphasized. Prevention of hypoglycemia and limiting hyperglycemia continue to be goals of therapy regardless of the healthcare setting where patients are. Pharmacists are faced with trying to keep up with the new clinical practice guidelines, data, and new medications and being ready to apply it to patient cases. A variety of cases will be presented and questions regarding goals, management of and monitoring for hyperglycemia and hypoglycemia, and unique characteristics of newer agents used to manage diabetes will be posed to the attendees. This presentation will discuss evidence-based options for the management of type 2 diabetes in the patient cases incorporated... The registration fee for this program is \$25.

Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for 1 ACPE Contact Hours, .1 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <http://nabp.pharmacy/>.

The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

This program is not sponsored by an external organization and no commercial support has been received for this activity.

TARGET AUDIENCE

This knowledge-based program is intended for Pharmacists (ACPE)

LEARNING OBJECTIVES

1. Describe the impact of updates to diabetes guidelines on clinical practice.
2. Differentiate newer agents for the management of type 2 diabetes.
3. Recognize key considerations for management of diabetes in older adults across healthcare settings.
4. Given a case, select an evidence-based patient centered pharmacotherapeutic plan for an older adult with type 2 diabetes.

ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, view the recorded Zoom webinar, complete the quiz and program evaluation within the online course, and claim credit within the course. Please contact hcopce@auburn.edu if you have any questions or needs related to this online CE program

ACCREDITATION INFORMATION

The Auburn University Harrison College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is 0001-0000-25-014-H01-P and is intended for pharmacists. The initial release date for this program is July 25, 2025, and the intended expiration date is July 25, 2028. This program is not sponsored by an external organization.

TECHNOLOGY REQUIREMENTS

Please make arrangements to have access to a computer that has good audio/visual capabilities and a steady internet connection.

FACULTY DISCLOSURES

Programming in with AUHCOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss a commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience. Faculty disclosures will also be included on an introductory slide during the presentation. Dr. Kelley and others in control of content have no actual or potential conflict of interest in relation to this program.

PROGRAM FACULTY

Kristi W. Kelley, Pharm.D., FCCP, BCPS, BCACP, CDE, BC-ADM is a Clinical Professor at the Auburn University Harrison School of Pharmacy. Dr. Kelley earned both her Bachelor of Science in Pharmacy (1999) and Doctor of Pharmacy (2000) degrees at the Harrison School of Pharmacy. She completed an ASHP-accredited Primary Care Residency at the University of Mississippi Medical Center in 2001. In addition to teaching in her clinical practice, Dr. Kelley is also involved in didactic teaching, service, and scholarship within the School. Complementing her practice and research interests is Dr. Kelley's involvement in professional associations, such as the American Society of Health-System Pharmacists (ASHP), the Alabama chapter of ASHP (ALSHP), the American College of Clinical Pharmacy (ACCP), and the American Association of Colleges of Pharmacy (AACP), serving on a variety of committees and holding leadership roles. While on faculty at Auburn, Dr. Kelley has been honored to receive the Hargreaves Faculty Mentor Award, Roche's Preceptor of the Year, and be recognized as a Preceptor of Excellence four times. Dr. Kelley was part of a three-member team that received the school's inaugural Excellence in Teaching award and were also recognized as the school's representatives at the 2014 AACP Annual Meeting as a "Teacher of the Year." In 2018, Dr. Kelley was again awarded HSOP's Excellence in Teaching award. In 2016, Dr. Kelley was the recipient of ACCP's Education Award. Dr. Kelley's scholarship interests include diabetes, metabolic syndrome, and pharmacy education. She has published and presented on these topics at both the regional and national level. In addition, she has served as invited faculty for ASHP recertification programs and ACCP's Teaching and Learning Academy/Certificate Program.

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Members of the Post-Graduate Education Advisory Committee have completed a conflict-of-interest disclosure form and have no actual or potential conflicts of interest in relation to this program.