



AUBURN UNIVERSITY
Harrison College of Pharmacy

HARRISON COLLEGE OF PHARMACY



CONTINUING
EDUCATION

When Sleep Goes Wrong: Understanding Insomnia and Narcolepsy

Dr. Marilyn Bulloch

Wednesday, April 30, 2025 from 12pm – 1pm CT via Zoom



PROGRAM OVERVIEW

This presentation will provide an update on the management of sleep disorders, specifically insomnia and narcolepsy. Sleep disorders have bi-directional relationships with many other co-occurring conditions; they may both impact and be impacted by these co-occurring conditions and related pharmacotherapy. Management approaches are limited overall, and become more limited when considering certain patient specific variables. The registration fee for this program is \$25.

Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for 1 ACPE Contact Hours, .1 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <http://nabp.pharmacy/>. **This program is also approved by ABN.**

The Office of Alumni and Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

This program is not sponsored by an external organization.

TARGET AUDIENCE

This application-based program is intended for Pharmacists (ACPE) and Nurses (ABN).

LEARNING OBJECTIVES

1. Identify diagnostic criteria for sleep-related disorders
2. Discuss the role of non-pharmacologic strategies when creating a management plan for a patient with insomnia or narcolepsy
3. Compare and contrast pharmacotherapy options for insomnia and narcolepsy

ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, attend the live Zoom webinar, enter the attendance code within the course that was provided at the conclusion of the program, complete the program evaluation within the online course, and claim credit within the course. Please contact hcopce@auburn.edu if you have any questions or needs related to this online CE program.

FACULTY DISCLOSURES

Programming in with AUHCOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss a commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience. Faculty disclosures will also be included on an introductory slide during the presentation. There is no commercial support being received for this program. Dr. Bulloch and others in control of content have no actual or potential conflict of interest in relation to this program. No individuals in a position to control content for this activity have any relevant financial relationships to declare.

ACCREDITATION INFORMATION

The Auburn University Harrison College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this application-based program is 0001-0000-25-007-LO1-P and is intended for pharmacists.

ABN - Auburn University Harrison School of Pharmacy is a Board approved provider of continuing nursing education in Alabama by the Alabama Board of Nursing. Provider Number: ABNP1515

PROGRAM FACULTY

Marilyn Novell Bulloch, Pharm.D., BCPS, FCCM, is an Associate Clinical Professor in the Department of Pharmacy Practice at the Auburn University Harrison School of Pharmacy. Dr. Bulloch holds an Adjunct Associate Professor appointment with the University of Alabama-Birmingham School of Medicine Department of Medicine and the University of Alabama College of Community Health Sciences Department of Family, Internal, and Rural Medicine.

Additionally, Dr. Bulloch serves as the Director of Strategic Operations under the Associate Dean of Faculty Affairs and Strategic Initiatives at HSOP. As part of this position, she provides leadership, support, and direction in the areas of accreditation - including the ACPE self-study and site visit, strategic planning, and continuous quality improvement.

Dr. Bulloch grew up in Collinsville, Virginia, and received her Doctor of Pharmacy degree from the Ernest Mario School of Pharmacy at Rutgers, the State University of New Jersey, in 2007.

She completed a post-graduate pharmacy practice residency at the University of Alabama-Birmingham Hospital in 2008. In 2009, Dr. Bulloch completed a post-graduate specialty residency in critical care pharmacy at Charleston Area Medical Center in Charleston, West Virginia. Additionally, Dr. Bulloch completed a Faculty Scholars Program in Geriatrics through the University of Alabama-Birmingham Geriatric Education Center in 2011.

Dr. Bulloch began her role as faculty at Auburn in August 2009, and her current practice site is at DCH Regional Medical Center in Tuscaloosa, Alabama. She participates in an interprofessional education inpatient rounding service that also includes academic physicians from the University of Alabama, medical residents and fellows, and third- and fourth-year medical students. Her practice includes adult critically ill and acute care patients, with a large contingent of geriatric patients. Dr. Bulloch provides comprehensive pharmacotherapy management for the patients in the inpatient service, with a specific focus on infectious disease and other acute and critical illness needs.

Dr. Bulloch has and continues to serve on multiple committees and in leadership positions for many local, state, and national pharmacy and interdisciplinary medical organizations. She was inducted as a Fellow of the American College of Critical Care Medicine in 2017.

Her research interests include geriatric pharmacotherapy, interdisciplinary education, alternative professional education instructional methods, infectious disease, care transitions, and acute and critical care pharmacotherapy.

TECHNOLOGY REQUIREMENTS

Participants are encouraged to secure a direct connection for all webinar programming. Please arrange for access to a computer with stable internet connection and Zoom capabilities. This program will be conducted via Zoom and includes interactive components.

If you're a new participant, we have a quick start guide here: <https://aub.ie/zoomquickstart>.

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Members of the Post-Graduate Education Advisory Committee have completed a conflict-of-interest disclosure form and have no actual or potential conflicts of interest in relation to this program.