



AUBURN UNIVERSITY
Harrison College of Pharmacy

HARRISON COLLEGE OF PHARMACY



CONTINUING
EDUCATION

2026 CONSULTANT PHARMACIST UPDATE: MEDICATION

MANAGEMENT FOR THE OLDER ADULT -LIVE WEBINAR

Drs. Martin, McCoy, Maxson, Qian, & Sewell

Saturday, July 11 @ 8 am – 12 pm CT via Zoom



PROGRAM OVERVIEW

This program will focus on disease states and medications that impact the older adult. The 4-hour program will be hosted via zoom webinar. All 4 hours of programming are approved by the Alabama Board of Pharmacy for consultant credit hours as well as ACPE credit hours. Topics to be covered: Hypertension, Kidney Function, Pharmacovigilance, Dyslipidemia. The registration fee for this program is \$150.

Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for 4 ACPE Contact Hours, .4 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <http://nabp.pharmacy/>.

The Office of Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

This program is not sponsored by an external organization.

TARGET AUDIENCE

This application-based program is intended for Pharmacists (ACPE)

LEARNING OBJECTIVES

1. Apply current evidence-based guidelines and therapeutic updates to optimize chronic disease management and medication-related outcomes.
2. Evaluate patient-specific clinical factors to support individualized medication selection, dosing, monitoring, and deprescribing decisions.
3. Incorporate principles of medication safety, pharmacovigilance, and risk assessment into pharmacy practice to improve patient care and minimize medication-related harm.
4. Utilize evidence-based risk assessment tools and kidney function estimation methods to support safe and effective pharmacotherapy decisions across diverse patient populations.
5. Recommend appropriate deprescribing or dose-adjustment strategies when antihypertensive therapy contributes to adverse effects such as dizziness, hypotension, or renal dysfunction.
6. Describe key updates in the 2026 ACC/AHA Multisociety cholesterol guideline, including changes in risk assessment and treatment thresholds.
7. Evaluate and prioritize lipid-lowering treatment strategies based on patient risk category, comorbidities, and updated lipid targets.
8. Compare and contrast the development and accuracy of Cockcroft-Gault with BSA-adjusted race free CKD- EPI eGFR equations for estimating kidney function.

ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, attend the live Zoom webinar, enter the attendance code within the course that was provided at the conclusion of the program, complete the program evaluation within the online course, and claim credit within the course. Please contact hcopce@auburn.edu if you have any questions or needs related to this online CE program.

ACCREDITATION INFORMATION

The Auburn University Harrison College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this application-based program is 0001-0000-26-013-L01-P and is intended for pharmacists.

TECHNOLOGY REQUIREMENTS

Participants are encouraged to secure a direct connection for all webinar programming. Please arrange for access to a computer with stable internet connection and Zoom capabilities. This program will be conducted via Zoom and includes interactive components.

If you're a new participant, we have a quick start guide here: <https://aub.ie/zoomquickstart>.

FACULTY DISCLOSURES

Programming in with AUHCOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss a commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience. Faculty disclosures will also be included on an introductory slide during the presentation. Drs. McCoy, Maxson, Sewell & Qian have no actual or potential conflict of interest in relation to this program.

AGENDA

Saturday, July 11, 2026 - 8 am- 12 pm

8:00 am Managing the Pressure: Practical Hypertension Updates

– Dr. Jeanna Sewell

9:00 am Patient Safety and Post-marketing Pharmacovigilance

– Dr. Jingjing Qian

10:00 am From Risk to Treatment: Navigating Dyslipidemia Management

– Dr. Emily McCoy

11:00 am From Familiar to Evidence-Based: Updating Kidney Function Estimation

– Dr. Rebecca Maxon

PROGRAM FACULTY

Saturday's Presenters

Rebecca Maxson, Pharm.D., A three-time graduate from Auburn University, Dr. Rebecca Maxson earned a bachelor's degree in chemical engineering in 1991 and a master's in chemical engineering in 1993. Dr. Maxson then worked as a controls engineer in industry for 10 years before returning to The Plains to complete her pharmacy degree.

Dr. Maxson earned her Pharm.D. from HCOP in 2008 and went on to complete a PGY-1 residency at Methodist University Hospital in Memphis, Tennessee. Following her residency, she was a clinical pharmacy specialist at Princeton Baptist Medical Center in Birmingham from 2009-15. While at Princeton she rounded with the nephrology and palliative care services and was an active preceptor in Princeton's PGY-1 residency program.

Maxson is currently the assistant director for Advancing Kidney Health through Optimal Medication Management, an organization that engages pharmacists and key stakeholders to develop partnerships for optimal medication management in persons with kidney disease to improve health outcomes and reduce health care costs. Within HCOP's PRC, Dr. Maxson teaches in the areas of kidney disease and pain management.

Jingjing Qian, Ph.D, is an Associate Professor in the Harrison College of Pharmacy's Department of Health Outcomes Research and Policy. Her research focuses on health outcomes and pharmacoepidemiology research, particularly with regards to comparative effectiveness and safety of drug products. The goal of her research is to provide effective strategies and interventions to improve population health and eliminate health disparities. Research has involved in promoting generic drug post-marketing surveillance and education with collaboration from off campus partners supported by multiple U.S. FDA grants. Currently, Dr. Qian is focusing on cancer epidemiology, prevention, and comparative effectiveness of treatments among patients with breast, prostate, and lung cancer. Additional research interests include mental health, substance use disorders, and disability research, treatment optimization and outcomes for patients with chronic conditions, medication adherence, and quality of care among vulnerable populations.

PROGRAM FACULTY

Saturday's Presenters

Jeanna Sewell, Pharm.D., BCACP is an Associate Clinical Professor in the Department of Pharmacy Practice with the Auburn University Harrison College of Pharmacy. She joined the HCOP faculty on August 1, 2016. She graduated with her Pharm.D. from the Harrison School of Pharmacy in 2014 and went on to complete two residency programs. She completed a community pharmacy PGY-1 residency at the University of Mississippi School of Pharmacy in Jackson, Mississippi. She stayed around for another year to complete an ambulatory care PGY-2 residency, also with the University of Mississippi School of Pharmacy. Sewell serves as the Director of Interprofessional Education where she works with other health professions on campus to offer students experiences that teach them how to work as a member of an interprofessional team to provide the best care to patients. A native of Huntsville, Alabama, Sewell is a member of the American College of Clinical Pharmacy and American Association of Colleges of Pharmacy where she serves of various committees. She now lives in Auburn with her husband, Eric, and their two children.

Emily McCoy, Pharm.D., FCCP, BCACP is an Associate Clinical Professor in the Auburn University Harrison College of Pharmacy's Department of Pharmacy Practice and an Adjunct Assistant Professor in the Department of Internal Medicine at the University of South Alabama College of Medicine. She also currently serves as the interim assistant dean for the Mobile campus and for Student Success. In this role, she coordinates various aspects of student life on the Mobile Campus. In partnership with the Mobile Campus Curricular Coordinator, she demonstrates a strong student-centered focus to ensure every student has unparalleled, world-class, and profound opportunities for personal, intellectual, and professional growth while a student at HCOP. As part of her role in Student Success, Dr. McCoy developed and directs the HCOP Peer Coaching Program, which is intended to provide students with individual and group support throughout the didactic portion of the Practice Ready Curriculum (PRC). Dr. McCoy graduated with her Doctor of Pharmacy degree from the University of Tennessee Health Science Center in Memphis, Tennessee in 2008. She completed a residency in ambulatory care with a focus in academia in Memphis with the UT-St. Francis Family Medicine residency program and became Board Certified in Ambulatory Care Pharmacy (BCACP) in 2011. Dr. McCoy joined the Auburn faculty in August 2009 and has been heavily involved in the development, delivery, and coordination of the PRC, and she served as the course coordinator for the P2 Fall semester for five years. Dr. McCoy is active in several national pharmacy organizations including the American Society of Health-System Pharmacists (ASHP), American Association of Colleges of Pharmacy (AACP), and the American College of Clinical Pharmacy (ACCP). She also currently serves as faculty for the ACCP/ASHP BCACP Review and Recertification Course.

POST-GRADUATE EDUCATION ADVISORY COMMITTEE

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Members of the Post-Graduate Education Advisory Committee have completed a conflict-of-interest disclosure form and have no actual or potential conflicts of interest in relation to this program.