



AUBURN UNIVERSITY
Harrison College of Pharmacy

HARRISON COLLEGE OF PHARMACY



CONTINUING
EDUCATION

Psychedelic-Assisted Therapies: Emerging Evidence, Ethical Challenges, and Future Directions

Dr. Garret Aikens

October 14, 2026 12pm – 1pm CT via Zoom



PROGRAM OVERVIEW

Psychedelic-assisted therapies are gaining increased attention for their potential role in treating psychiatric and substance use disorders. This session provides an overview of studied psychedelic compounds and their proposed mechanisms of action. Participants will review current research findings, therapeutic models, and safety considerations, as well as the significant regulatory, ethical, and cultural issues surrounding these treatments. The presentation emphasizes maintaining professional standards while navigating emerging evidence and heightened public interest.

The registration fee for this program is Free

Following registration, participants will have access to course instructions, updates, presentations, webinar link, program evaluation, CE certificates and credits, etc. **This program is approved for 1 ACPE Contact Hours, .1 CEUs.** Once credit is awarded, transcripts will be available online within 24 hours on the learner's CPE Monitor profile at <http://nabp.pharmacy>

The Office of Professional Affairs strongly encourages each participant to check their profile online within 60 days of attendance to ensure credit has been awarded properly. ACPE will not accept CE submissions after 60 days from the live seminar date.

This program is not sponsored by an external organization and no commercial support has been received for this activity.

TARGET AUDIENCE

This application-based course is intended for Pharmacists (ACPE), and is intended for Pharmacists (ACPE), Pharmacist Technicians (ACPE), Physicians (ACCME), Physician Assistants (ACCME), Nurse Practitioners (ABN), Nurses (ABN), Dentists (AL board approval), and Social Workers (ABSWE).

LEARNING OBJECTIVES

At the conclusion of this session, participants will be able to:

1. Describe the proposed mechanisms of action and therapeutic models associated with psychedelic-assisted therapies.
2. Summarize current evidence regarding potential benefits and limitations in psychiatric and substance use treatment.
3. Identify key safety concerns, ethical issues, and patient selection considerations.
4. Discuss the current regulatory landscape and future implications for clinical practice.

ACTIVITY COMPLETION REQUIREMENTS

To complete the steps for CE credit, each attendee will be required to access and review program materials located within the online course, attend the live Zoom webinar, enter the attendance code within the course that was provided at the conclusion of the program, complete the program evaluation within the online course, and claim credit within the course. Please contact hcopce@auburn.edu if you have any questions or needs related to this online CE program.

TECHNOLOGY REQUIREMENTS

Participants are encouraged to secure a direct connection for all webinar programming. Please arrange for access to a computer with stable internet connection and Zoom capabilities. This program will be conducted via Zoom and includes interactive components.

If you're a new participant, we have a quick start guide here: <https://aub.ie/zoomquickstart>.

PROGRAM FACULTY

Dr. Aikens graduated from Auburn University's Harrison School of Pharmacy in 2011 and then completed a PGY1 Pharmacy Practice Residency at the University of Montana and Community Medical Center in Missoula, Montana. After completing his residency, Dr. Aikens joined the Central Alabama VA Health System as a Clinical Pharmacist Specialist in Primary Care from 2012-2016. He joined the VISN 7 Academic Detailing Program in 2016 while continuing to practicing ambulatory care. In 2017, Dr. Aikens started his position as the Associate Chief of Pharmacy, Clinical Services at the Tuscaloosa VA Medical Center. Dr. Aikens is a member of the Pharmacy & Therapeutics Committee (Recorder), Medication Utilization P&T Subcommittee (Co-Chair), VISN 7 Clinical Pharmacy Practice Council (member), and the Tuscaloosa VA Clinical Pharmacy Practice Council (Chair). Outside of TVAMC, Dr. Aikens is a member of the Alabama Pharmacy Association (APA) (2011 Joseph O. Dean Jr. Student Professionalism Award, New Practitioners Leadership Class of 2013, 2014 Distinguished Young Pharmacist Award, Board of Trustees 2015-2017, 2019 Excellence in Innovations Award), the American Society of Health-System Pharmacists (ASHP), Auburn University's Harrison School of Pharmacy Dean's Advisory Council 2018 – Present, and Auburn University's Auburn Pharmacy Alumni Association Board of Trustees 2018 – Present. He also serves as a Peer Reviewer for *Annals of Pharmacotherapy* and the *Journal of Pharmacy Technology*. Outside of work, Dr. Aikens enjoys daddy/daughter dates, running, hiking, and softball.

ACCREDITATION INFORMATION

The Auburn University Harrison College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider for continuing pharmacy education; credits are recognized nationwide. The Universal Activity Number for this knowledge-based program is **0001-9999-26-004-Lo9-P/T** and is intended for Pharmacists (ACPE), Pharmacist Technicians (ACPE), Physicians (ACCME), Physician Assistants (ACCME), Nurse Practitioners (ABN), Nurses (ABN), Dentists (AL board approval), and Social Workers (ABSWE).

ABN - Auburn University Harrison College of Pharmacy is a Board-approved provider of continuing nursing education in Alabama by the Alabama Board of Nursing. Provider Number: ABNP1515.

ABSWE - Auburn University Harrison College of Pharmacy is a Board-approved provider of continuing education for social workers by the Alabama Board of Social Work Examiners. Provider Number: 0643.

ACCME - The Huntsville Hospital designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of the Huntsville Hospital and Auburn University Harrison College of Pharmacy. The Huntsville Hospital is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

Disclosures: There is no commercial support being received for this program. Dr. Engeriser and others in control of content have no actual or potential conflict of interest in relation to this program. No individuals in a position to control content for this activity have any relevant financial relationships to declare.

FACULTY DISCLOSURES

Programming in with AUHCOP is in any way involved, whether as sole provider or joint-providership, shall exhibit fair content balance, providing the audience with information of multiple perspectives from which to form a professional opinion. In addition, the fair balance will assure that information provided does not discuss a commercial product. Brand names of all products included in the content may be mentioned for identification purposes only. Presenters in any continuing education offering will acknowledge and disclose any affiliation with the provider and such information will be made available to the audience.

Faculty disclosures will also be included on an introductory slide during the presentation.

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Members of the Post-Graduate Education Advisory Committee have completed a conflict-of-interest disclosure form and have no actual or potential conflicts of interest in relation to this program.